

## Sunday Morning Week 3

### Hymn

Antiphon 1 Our GOD is wonderful.

### Psalm 93

<sup>1</sup>GOD is king, with majesty enrobed,  
robed with might, girded with power.

The world you established, not to be moved.

<sup>2</sup>Your throne, O GOD, has stood firm from of old.

You are from all eternity.

<sup>3</sup>The torrents swell, the waters roar.

Hear the crashing of their waves.

<sup>4</sup>More majestic than the roar of mighty waters,

more glorious than the surging of the sea,

GOD is glorious on high.

<sup>5</sup>Truly your decrees are to be trusted.

Holiness is fitting to your house, O GOD,

until the end of time. (Glory be ... )

Antiphon 1 Our GOD is wonderful.

Antiphon 2 May you be praised, O GOD, and extolled for ever.

### Daniel 3:57-88

Praise GOD, all creation.

To you, O God, be highest glory and praise for ever.

And you, angels, praise GOD.

To you, O God, be highest glory and praise for ever.

And you, the heavens of GOD, praise GOD.

And you, clouds of the sky, praise GOD.  
To you, O God, be highest glory and praise for ever.

And you, sun and moon, praise GOD.  
And you, stars of the heavens, praise GOD.  
And you, showers and rain, praise GOD.  
To you, O God, be highest glory and praise for ever.

And you, all you breezes and winds, praise GOD.  
And you, fire and heat, praise GOD.  
And you, winter cold and summer heat, praise GOD.  
To you, O God, be highest glory and praise for ever.

And you, rain and dew, praise GOD.  
And you, frost and snow, praise GOD.  
And you, ice and cold, praise GOD.  
To you, O God, be highest glory and praise for ever.

And you, night-time and day, praise GOD.  
And you, darkness and light, praise GOD.  
And you, lightning and clouds, praise GOD.  
To you, O God, be highest glory and praise for ever.

O let the earth praise GOD.  
To you, O God, be highest glory and praise for ever.

And you, mountains and hills, praise GOD.  
And you, all plants of the earth, praise GOD.  
And you, fountains and springs, praise GOD.  
To you, O God, be highest glory and praise for ever.

And you, rivers and seas, praise GOD.  
And you, creatures of the sea, praise GOD.  
And you, every bird in the sky, praise GOD.

And you, wild beasts and tame, praise GOD.  
To you, O God, be highest glory and praise for ever.  
And you, every person on earth, praise GOD.  
To you, O God, be highest glory and praise for ever..  
O Israel, praise GOD.  
And you, priests, praise GOD.  
And you, ministers, praise GOD.  
To you, O God, be highest glory and praise for ever.  
O you, spirits and souls of the just, praise GOD.  
And you, holy and humble of heart, praise GOD.  
Ananias, Azarias, Mizaël, praise GOD.  
To you, O God, be highest glory and praise for ever.  
Let us praise the Father, the Son, and the Holy Spirit.  
To You be highest glory and praise for ever.  
May You be praised, O GOD, in the heavens.  
To you, O God, be highest glory and praise for ever.

Antiphon 2 May you be praised, O GOD, and extolled for ever.

Antiphon 3 Praise GOD from the heavens.

## **Psalm 148**

<sup>1</sup>Praise GOD (Alleluia)! Praise GOD from the heavens,  
from the heights.

<sup>2</sup>Praise GOD, all you angels,  
all you heavenly beings!

<sup>3</sup>Praise GOD, sun and moon.  
Praise GOD, you glittering stars.

<sup>4</sup>Praise GOD, you highest heavens  
and you waters above the heavens!

<sup>5</sup>Let them praise GOD,  
for GOD commanded and they were created.

<sup>6</sup>It was GOD who established them,  
fixing their place for ever and ever.

<sup>7</sup>Praise GOD from the earth!  
you creatures of the deep,

<sup>8</sup>fire and hail, snow and frost,  
storms and winds, carrying out GOD's commands.

<sup>9</sup>Praise GOD you mountains and hills,  
you fruit trees and cedars,

<sup>10</sup>you wild beasts and tame, reptiles and birds.

<sup>11</sup>Praise GOD you princes and judges,  
you rulers and subjects,

<sup>12</sup>men and women, old and young.

<sup>13</sup>Let them praise GOD, who alone is exalted,  
whose glory is above the earth and the heavens.

<sup>14</sup>GOD gives strength to the nation,  
and glory to the faithful of Israel,  
a people who are close to GOD.

Praise GOD (Alleluia)! (Glory be ... )

Antiphon 3 Praise GOD from the heavens..

### **Scripture Reading** (Revelation 7:50, 52)

Victory to our God, who sits on the throne, and to the Lamb!  
Praise and glory and wisdom and thanksgiving and honour  
and power and strength to our God for ever and ever. Amen.

## **Responsory**

You are the Christ, the Son of the Living God, have mercy on us. (R.)

You are seated at the right hand of the Father. (R.)

Glory be to the Father, and the Son, and the Holy Spirit. (R.)

## **The Benedictus** (page 7)

## **Intercessions, Our Father, and Concluding Prayer**

## Sunday Evening Week 3

### Hymn

Antiphon 1 GOD's revelation to my master: 'Sit on my right.'

### Psalm 110

<sup>1</sup>A decree of GOD to my king:

'Sit on my right.

I will make you master of your enemies.'

<sup>2</sup>GOD will wield from Zion your sceptre of power.

will conquer your foes in battle.

<sup>3</sup>Your people will rally to you when you mobilize for war.

From the womb your majesty is sacred,  
from your birth on the holy mountain,  
your youth as fresh as the morning dew.

<sup>4</sup>GOD has sworn an oath and will not change:

'You are a priest for ever

a priest like Melchizedek of old.'

<sup>7</sup>The king will drink from a wayside stream,

and rise up refreshed. (Glory be ... )

Antiphon 1 GOD's revelation to my master: 'Sit on my right.'

Antiphon 2 GOD is full of merciful love.

### Psalm 111

<sup>1</sup>Praise GOD (Alleluia)!

I give thanks to GOD with all my heart,  
in the assembly of the upright.

<sup>2</sup>Look at what GOD has done. Reflect upon it with admiration.

<sup>3</sup>Glorious and majestic are the deeds of GOD,  
whose justice endures forever.

<sup>4</sup>Who can fail to acclaim GOD's wonderful deeds?  
GOD is gracious and tenderly compassionate,

<sup>5</sup>nourishing the faithful,  
ever mindful of the covenant,

<sup>6</sup>demonstrating mighty deeds,  
giving them a land, the heritage of the nations.

<sup>7</sup>GOD's deeds are according to truth and right judgment.  
All GOD's precepts can be trusted.

<sup>8</sup>Enacted in justice and truth,  
they are established forever.

<sup>9</sup>GOD has redeemed the chosen people,  
ratifying the covenant for all time.  
Holy and awesome is GOD's name.

<sup>10</sup>Reverence for ['fear of'] GOD is the beginning of wisdom.

Wise are those who live this way.

Praise of GOD will continue forever. (Glory be ... )

Antiphon 2 GOD is full of merciful love.

Antiphon 3 Our GOD reigns, our God, the Almighty.

## **Revelation 19**

<sup>1</sup>Salvation, glory and power belong to our God.

<sup>2</sup>God's judgments are true and just. Alleluia!

<sup>5</sup>Praise our God, all you servants of God,  
all you who worship God. Alleluia!

<sup>6</sup>Our God, the Almighty, reigns.

Let us rejoice and exult and give glory to God. Alleluia!

<sup>7</sup>The marriage of the Lamb has come.

His bride has made herself ready. Alleluia! (Glory be ... )

Antiphon 3 Our GOD reigns, our God, the Almighty.

## **Scripture Reading (2 Corinthians 1:3-4)**

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all consolation, who consoles us in all our affliction, so that we may be able to console those who are in any affliction with the consolation with which we ourselves are consoled by God.

## **Responsory**

Blessed are you, O GOD, in the vault of heaven. (R.)

You are exalted and glorified above all forever. (R.)

Glory be to the Father, and the Son, and the Holy Spirit. (R.)

## **The Magnificat (page 11)**

## **Intercessions, Our Father and Concluding Prayer**

## Monday Morning Week 3

### Hymn

Antiphon 1 They are happy who dwell in your house, O GOD.

### Psalm 84

<sup>1</sup>How lovely is your dwelling place, O mighty GOD!

<sup>2</sup>How I long, how I am yearning, for the courts of GOD.

My heart and my flesh sing for joy to the living God.

O Mighty GOD, my king and my God!

<sup>3</sup>Even the sparrow finds a home,  
and the swallow a nest for her brood,  
where she may lay her young by your altars.

<sup>4</sup>Blessed and happy are those who live in your house,  
ever singing your praise.

<sup>5</sup>Blessed and happy are those who draw their strength from you  
as they resolve to go to you on pilgrimage.

<sup>6</sup>As they go through the Baka' valley they enjoy a place of springs;  
the early rains cover it with pools.

<sup>7</sup>They go from garrison to garrison.  
In Zion they will see the God of gods.

<sup>8</sup>O Mighty GOD, hear my prayer; listen, O God of Jacob!

<sup>9</sup>God, our shield, look upon the face of your anointed.

<sup>10</sup>One day in your courts is better than a thousand elsewhere.  
I would rather be a doorkeeper in the house of my God  
than live in the tents of the wicked.

<sup>11</sup>For GOD is our sun and shield, bestowing favour and glory.  
GOD never fails to bless those who walk with integrity.

<sup>12</sup>O Mighty GOD, blessed and happy are they  
who place their trust in you. (Glory be ... )

Antiphon 1 They are happy who dwell in your house, O GOD.

Antiphon 2 Come, let us go up to GOD's mountain.

### **Isaiah 2:2-5**

In days to come the mountain of GOD's house  
will be established as the highest of the mountains,  
and will be raised above the hills;  
all the nations will stream to it.

Many peoples will come and say,  
"Come, let us go up to GOD's mountain,  
to the house of the God of Jacob;  
that we may learn GOD's ways and walk in GOD's paths."  
For out of Zion will go forth instruction,  
and the word of GOD from Jerusalem.

He will judge between the nations,  
and will arbitrate for many peoples;  
they will beat their swords into ploughshares,  
and their spears into pruning hooks;  
nation will not lift up sword against nation,  
neither will they learn war any more.

O house of Jacob, come, let us walk into GOD's light!  
(Glory be... )

Antiphon 2 Come, let us go up to GOD's mountain.

Antiphon 3 Sing praise to God.

## Psalm 96

<sup>1</sup>Sing to GOD a new song! Sing to GOD, all the earth.

<sup>2</sup>Bless GOD's holy name!

Proclaim God's saving presence from day to day.

<sup>3</sup>Tell among the nations God's glory,

God's marvellous deeds all over the world.

<sup>4</sup>Great is GOD, and greatly to be praised;  
to be revered above all the gods.

<sup>5</sup>Yes, the gods of the world are idols.

It was GOD who made the heavens.

<sup>6</sup>It is the same GOD of majestic light  
who fills the temple with beauty.

<sup>7</sup>Acknowledge GOD, you nations,  
acknowledge GOD's glory and might.

<sup>8</sup>Acknowledge the glory due to GOD!

Bring an offering. Enter the courts.

<sup>9</sup>Worship GOD in holy splendour.

Tremble before God, all the earth.

<sup>10</sup>Say among the nations, 'GOD is king!'

The world is firmly established.

God will judge the peoples with equity.

<sup>11</sup>Let the heavens rejoice and be glad, let the sea and all within it roar.

<sup>12</sup>Let the field and all it bears rejoice.

Then will all the trees of the forest sing for joy

<sup>13</sup>before GOD, who is coming to judge the nations.

God rules the world with justice,

and judges the nations in accord with the truth. (Glory be ... )

Antiphon 3 Sing praise to God.

## **Scripture Reading** (James 2:12-13)

Speak and act like people who are going to be judged by the law of freedom, because there will be judgment without mercy for anyone who has shown no mercy. The merciful need have no fear of judgment.

## **Responsory**

Blessed be GOD from age to age. (R.)

GOD has done marvellous things. (R.)

Glory be to the Father and the Son and the Holy Spirit. (R.)

## **The Benedictus** (page 7)

## **Intercessions, Our Father, and Concluding Prayer**

## Monday Evening Week 3

### Hymn

Antiphon 1 Our eyes are turned to GOD as we look for mercy.

### Psalm 123

<sup>1</sup>I lift up my eyes to you,  
to you who are enthroned in the heavens.

<sup>2</sup>A male servant watches his master's hand,  
a female servant, the hand of her mistress.  
So our eyes look to our God,  
waiting for a sign of God's favour.

<sup>3</sup>Have mercy upon us, O GOD, have mercy upon us.

<sup>4</sup>We have had more than we can take  
of the scorn and contempt of the proud. (Glory be ... )

Antiphon 1 Our eyes are turned to GOD as we look for mercy.

Antiphon 2 It is GOD who comes to our aid, the Maker of heaven  
and earth.

### Psalm 124

<sup>1</sup>If GOD had not been on our side –  
this is Israel's song –

<sup>2</sup>if GOD had not been on our side,  
when enemies attacked us,

<sup>3</sup>they would have swallowed us alive,  
when their anger was kindled.

<sup>4</sup>The flood would have swept us away,  
the torrent gone over us;  
<sup>5</sup>we would have been overwhelmed  
by the raging waters.

<sup>6</sup>Praised be GOD,  
who did not give us as a prey to their teeth.  
<sup>7</sup>We escaped like a bird from the snare of the fowler.  
The snare was broken, and we escaped.  
<sup>8</sup>We called on GOD, who came to our aid,  
GOD, the Maker of heaven and earth. (Glory be ... )

Antiphon 2 It is GOD who comes to our aid, the Maker of heaven  
and earth.

Antiphon 3 God chose us in the Son, and made us adopted 'sons.'

### **Ephesians 1:3-10**

Blessed be the God and Father of our Lord Jesus Christ,  
who has blessed us in Christ  
with every spiritual blessing in the heavenly places.

God chose us in Christ before the foundation of the world  
to be holy and blameless in God's presence in love.

We were destined for adoption through Jesus Christ,  
according to the good pleasure of God's will,  
to the praise of God's glorious grace  
freely bestowed on us in the Beloved.

In him we have redemption through his blood,  
the forgiveness of our trespasses,  
according to the riches of his grace that God lavished on us.

With all wisdom and insight  
he has made known to us the mystery of God's will,  
according to God's good pleasure set forth in Christ,  
as a plan for the fullness of time, to gather up all things in him,  
things in heaven and things on earth. (Glory be ... )

Antiphon 3 God chose us in the Son, and made us adopted 'sons.'

### **Scripture Reading** (James 4:11-12)

Do not speak evil against one another, brothers and sisters. Whoever speaks evil against another or judges another, speaks evil against the law and judges the law; but if you judge the law, you are not a doer of the law but a judge. There is one lawgiver and judge who is able to save and to destroy. So who, then, are you to judge your neighbour?

### **Responsory**

Heal my soul for I have sinned against you. (R.)

I said: 'O GOD have mercy on me.' (R.)

Glory be to the Father, and the Son, and the Holy Spirit. (R.)

### **The Magnificat** (page 11)

### **Intercessions, Our Father, and Concluding Prayer**

## Tuesday Morning Week 3

### Hymn

Antiphon 1 O GOD, you blessed our land;  
you forgave the sins of your people.

### Psalm 85

<sup>1</sup>O GOD, you favoured your land;  
you revived the fortunes of Jacob.

<sup>2</sup>You wiped away the guilt of your people.  
You covered over all their sins.

<sup>4</sup>Revive us, O God our Saviour.

<sup>7</sup>Show us your covenant love, O GOD,  
and grant us your salvation.

<sup>8</sup>Let me hear what GOD has to say,  
a voice that speaks of peace:  
peace to the people who turn to God in their hearts.

<sup>9</sup>Surely God's salvation is at hand for the faithful,  
and God's glory will fill our land.

<sup>10</sup>Covenant love and faithfulness have met;  
justice and peace have embraced.

<sup>11</sup>Faithfulness springs up from the ground,  
and justice looks down from heaven.

<sup>12</sup>GOD will give prosperity,  
and our land will yield its harvest.

<sup>13</sup>Justice clears a path for God.  
Justice points the way to peace. (Glory be ... )

Antiphon 1 O GOD, you blessed our land;  
you forgave the sins of your people.

Antiphon 2 In all you do, praise GOD, who reigns.

## Isaiah 26

We have a strong city; you set up salvation like walls and bulwarks.  
Open the gates,  
so that the righteous nation that keeps faith may enter in.

Those of steadfast mind you keep in peace –  
in peace because they trust in you.  
Trust in GOD forever, for in GOD you have an everlasting rock.

The way of the righteous is level;  
O Just One, you make smooth the path of the righteous.  
In the path of your judgments, O GOD, we wait for you;  
your name and your renown are the soul's desire.

My soul yearns for you in the night,  
my spirit within me earnestly seeks you.  
For when your judgments are in the earth,  
the inhabitants of the world learn righteousness.

O GOD, you will ordain peace for us,  
for all that we have done, you have done for us. (Glory be ... )

Antiphon 2 In all you do, praise GOD, who reigns.

Antiphon 3 Let your face shed its light upon us.

## Psalm 67

<sup>1</sup>O God be gracious to us and bless us,  
show us the radiance of your face,  
<sup>2</sup>that your way may be known on earth,  
your saving power among the nations.

<sup>3</sup>*Let the nations praise you, O God;  
let all the nations praise you.*

<sup>4</sup>May the whole world be glad  
and sing for joy,  
for you judge the peoples with equity,  
you govern the nations of the earth.

<sup>5</sup>*Let the nations praise you, O God;  
let all the nations praise you.*

<sup>6</sup>The earth has yielded its harvest.

Our God is blessing us.

<sup>7</sup>O God continue your blessing.  
Let the whole world revere you.

<sup>8</sup>*Let the nations praise you, O God;  
let all the nations praise you. (Glory be ... )*

Antiphon 3 Let your face shed its light upon us.

### **Scripture Reading** (1 John 4:14-15)

We have seen and we testify that the Father has sent the Son as the Saviour of the world. God abides in those who confess that Jesus is the Son of God, and they abide in God.

### **Responsory**

God comes to my aid. I place my trust in God. (R.)

God is my refuge. God sets me free. (R.)

Glory be to the Father, and the Son, and the Holy Spirit. (R.)

### **The Benedictus** (page 7)

### **Intercessions, Our Father, and Concluding Prayer**

## Tuesday Evening Week 3

### Hymn

Antiphon 1 GOD surrounds the people with love.

### Psalm 125

<sup>1</sup>Those who trust in GOD are like Mount Zion.  
They stand firm for ever.

<sup>2</sup>As the mountains encircle Jerusalem,  
so you, Lord, embrace your people, now and always.

<sup>3</sup>The rule of the wicked will not rest  
on the land allotted to the just, lest the righteous turn to evil.

<sup>4</sup>Do good, O GOD, to those who are good, whose hearts are true.

<sup>5</sup>Peace be upon Israel! (Glory be ... )

Antiphon 1 GOD surrounds the people with love.

Antiphon 2 If you do not become like a little child  
you will not enter the kingdom of God.

### Psalm 131

<sup>1</sup>O GOD, I am not proud,  
holding my head too high,  
reaching beyond my grasp.

<sup>2</sup>I have calmed myself and stilled my longing.  
I am at peace, like a weaned child  
resting in its mother's arms.  
My whole being is at rest.

<sup>3</sup>O Israel, hope in GOD, now and for ever. (Glory be ... )

Antiphon 2 If you do not become like a little child  
you will not enter the kingdom of God.

Antiphon 3 O God, you made us a kingdom and priests to serve you.

### **Revelation 4:11 and 5:9-12**

You are worthy, our Lord and God, to receive glory and honour and power, for you created all things, and by your will they existed and were created.

You are worthy, O Christ, to take the scroll and to open its seals, for you were slaughtered and by your blood you ransomed for God saints from every tribe and language and people and nation. You have made them to be a kingdom and priests serving our God, and they will reign on earth.

Worthy is the Lamb that was slain  
to receive power and wealth and wisdom and might  
and honour and glory and blessing! (Glory be ... )

Antiphon 3 O God, you made us a kingdom and priests to serve you.

### **Scripture Reading** (Romans 12:9-12)

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer.

### **Responsory**

Your word, O God, will endure for ever. (R.)

Your truth will last from age to age. (R.)

Glory be to the Father, and the Son, and the Holy Spirit. (R.)

### **The Magnificat** (page 11)

### **Intercessions, Our Father, and Concluding Prayer**

## Wednesday Morning Week 3

### Hymn

Antiphon 1 Give joy to your servant for to you I lift up my soul.

### Psalm 86

<sup>1</sup>Listen closely to me, O GOD,  
answer me, for I am poor and needy.

<sup>2</sup>Watch over me, for to you I am devoted.  
Save your servant, for I put my trust in you.

You are my God.

<sup>3</sup>Be gracious to me for to you I cry all day long.

<sup>4</sup>Give joy to your servant,  
for to you, God\*, I lift up my soul.

<sup>5</sup>You, my God\*, are good and forgiving,  
abounding in covenant love to all who call.

<sup>6</sup>Listen to my prayer; attend to my cry.

<sup>7</sup>In the day of my trouble I call on you,  
knowing you will answer me.

<sup>8</sup>There is none like you among the gods, O God\*.  
There are no deeds like yours.

<sup>9</sup>All the nations you formed will come  
and bow down before you.

They will glorify your name.

<sup>10</sup>For indeed you are great.

You do wondrous things; you who alone are God.

<sup>11</sup>Teach me your way, O GOD, that I may walk in your truth.  
Give me an undivided heart that I may revere your name.

<sup>12</sup>I thank you, my God, with all my heart,  
and I will honour you forever.

<sup>13</sup>For great is your covenant love toward me.  
You have rescued me from the grave.

<sup>14</sup>The insolent rise up against me;  
a band of ruffians seeks my life.  
They give no thought to you.

<sup>15</sup>But you are God.  
You are tenderly compassionate. You are gracious.  
You are slow to anger,  
abounding in covenant love and faithfulness.

<sup>16</sup>Turn to me and be gracious.  
Give your strength to your servant.  
Save the child of your serving girl.

<sup>17</sup>Show me a sign of your favour.  
So that those who hate me may see and be put to shame,  
because you, O GOD, are my salvation and my comfort. (Glory be ...)

Antiphon 1 Give joy to your servant for to you I lift up my soul.

Antiphon 2 Blessed is the person who is just and speaks the truth.

### **Isaiah 33:13-16**

Hear, you who are far away, what I have done;  
and you who are near, acknowledge my might.

The sinners in Zion are afraid; trembling has seized the godless:  
“Who among us can live with the devouring fire?  
Who among us can live with everlasting flames?”

Those who walk righteously and speak uprightly,  
who despise the gain of oppression,  
who wave away a bribe instead of accepting it,  
who stop their ears from hearing of bloodshed  
and shut their eyes from looking on evil.

They will live on the heights;  
their refuge will be the fortresses of rocks;  
their food will be supplied, their water assured. (Glory be ... )

Antiphon 2 Blessed is the person who is just and speaks the truth.

Antiphon 3 Cry to God with shouts of joy.

## Psalm 98

<sup>1</sup>Sing a new song to GOD.

Celebrate the wonderful deeds wrought by God's hand.

God's holy arm has achieved victory.

<sup>2</sup>You, O GOD, make known your saving action,  
revealing justice to the nations,

<sup>3</sup>remembering your covenant love and faithfulness  
to the house of Israel.

The ends of the earth have seen the victory of our God.

<sup>4</sup>Shout with joy to GOD, all the earth!

Break forth into joyous songs of praise!

<sup>5</sup>Sing praises to GOD with the lyre,  
with the sound of instruments.

<sup>6</sup>With trumpets and the sound of the horn  
shout with joy before GOD, our king.

<sup>7</sup>Let the sea roar, and all that fills it,  
the world and those who live in it.

<sup>8</sup>Rivers clap your hands! Hills ring out your joy!

<sup>9</sup>For GOD is coming, coming to judge the earth,  
to rule the world justly, to govern the peoples with equity.

(Glory be ... )

Antiphon 3 Cry to God with shouts of joy.

### **Scripture Reading** (Job 1:21; 2:10)

Naked I came from my mother's womb, and naked will I return there; GOD gave, and GOD has taken away; praised be GOD. If we take happiness from GOD, must we not take sorrow too?

### **Responsory**

Bend my heart to your will, O God. (R.)

By your word give me life. (R.)

Glory be to the Father, and the Son, and the Holy Spirit. (R.)

### **The Benedictus** (page 7)

### **Intercessions, Our Father, and Concluding Prayer**

## Wednesday Evening Week 3

### Hymn

Antiphon 1 Those who are sowing in tears will sing when they reap.

### Psalm 126

<sup>1</sup>When GOD restored the fortunes of Zion,  
it seemed like a dream.

<sup>2</sup>Then was our mouth filled with laughter,  
on our lips there were songs.

It was said among the nations,  
'What marvels GOD worked for them.'

<sup>3</sup>Indeed, GOD has done great things for us.  
We celebrate with joy.

<sup>4</sup>Restore our fortunes, O GOD,  
like the watercourses in the desert.

<sup>5</sup>May those who are sowing in tears  
reap with shouts of joy.

<sup>6</sup>They went out weeping,  
bearing seed for sowing.  
They come back, they come back, full of song,  
carrying their sheaves. (Glory be ... )

Antiphon 1 Those who are sowing in tears will sing when they reap.

Antiphon 2 GOD will watch over our city.

## Psalm 127

<sup>1</sup>If GOD does not build the house, in vain do its builders labour.  
If GOD does not guard the city, in vain do the guards keep vigil.

<sup>2</sup>In vain is your earlier rising, your going later to rest,  
you who toil for the bread you eat.  
Those loved by GOD receive love's gifts even while they slumber.

<sup>3</sup>Children are a gift from GOD, a blessing for those who bear them.  
<sup>4</sup>Like arrows in the hand of an archer are children born to the young.

<sup>5</sup>Blessed and happy are those whose quiver is filled with these arrows.  
They will have no cause for shame  
when they face their foes at the gate. (Glory be ... )

Antiphon 2 GOD will watch over our city.

Antiphon 3 He is the firstborn of all creation;  
he is supreme over all creatures.

## Colossians 1:12-20

Let us give thanks to the Father, who has enabled you  
to share in the inheritance of the saints in the light.  
The Father has rescued us from the power of darkness  
and transferred us into the kingdom of the beloved Son,  
in whom we have redemption, the forgiveness of sins.

He is the image of the invisible God, the firstborn of all creation;  
for in him all things in heaven and on earth were created,  
things visible and invisible.

All things have been created through him and for him.  
He himself is before all things, and in him all things hold together.

He is the head of the body, the church;  
he is the beginning, the firstborn from the dead,  
so that he might come to have first place in everything.

For in him all the fullness of God was pleased to dwell,  
and through him God was pleased to reconcile all things,  
whether on earth or in heaven,  
by making peace through the blood of his cross. (Glory be ... )

Antiphon 3 He is the firstborn of all creation;  
he is supreme over all creatures.

### **Scripture Reading** (Ephesians 3:20-21)

To the Father who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to the Father be glory in the church and in Christ Jesus to all generations, forever and ever.

### **Responsory**

Redeem me, O GOD, and show me your mercy. (R.)

Do not cast me away with sinners. (R.)

Glory be to the Father, and the Son, and the Holy Spirit. (R. )

### **The Magnificat** (page 11)

### **Intercessions, Our Father, and Concluding Prayer**

## Thursday Morning Week 3

### Hymn

Antiphon 1 Glorious things are told of you, city of God.

### Psalm 87

<sup>1</sup>Zion is established on the holy mountain cherished by GOD,

<sup>2</sup>who prefers her gates to all the dwellings of Jacob.

<sup>3</sup>Glorious things are spoken of you, O city of God.

<sup>4</sup>Egypt and Babylon I will count among her citizens;

Philistia, Tyre and Ethiopia are registered among her children.

<sup>5</sup>Zion will be called 'mother', for all will be her children.

It is the Most High who assigns each their place.

<sup>6</sup> GOD inscribes in the register of peoples:

'These are her children.'

<sup>7</sup>While they dance, they will sing:

'In you all find their home.' (Glory be ... )

Antiphon 1 Glorious things are told of you, city of God.

Antiphon 2 GOD is coming in power.

### Isaiah 40:10-17

GOD will feed the flock like a shepherd;  
gather the lambs, and carry them in God's bosom,  
gently leading the mother sheep.

Who has measured the waters in the hollow of the hand  
and marked off the heavens with a span,

enclosed the dust of the earth in a measure,  
and weighed the mountains in scales  
and the hills in a balance?

Who has directed the spirit of GOD,  
or as a counselor has instructed God?  
Whom did God consult for enlightenment,  
and who taught God the path of justice?  
Who taught God knowledge,  
and showed God the way of understanding?

The nations are like a drop from a bucket,  
and are accounted as dust on the scales.

See, God takes up the isles like fine dust.  
Lebanon would not provide fuel enough,  
nor are its animals enough for a burnt offering.  
All the nations are as nothing before God;  
they are accounted as less than nothing and emptiness. (Glory be ...)

Antiphon 2 GOD is coming in power.

Antiphon 3 Praise GOD. Bow down before God's holy mountain.

## Psalm 99

<sup>1</sup>GOD is king; let the nations tremble!  
GOD sits enthroned upon the cherubim. Let the earth quake!

<sup>2</sup>YOU are great in Zion, exalted over all the peoples.

<sup>3</sup>Let them praise your great and awesome name!  
'GOD is Holy!'

<sup>4</sup>Mighty King, lover of right judgment,  
you have established equity.  
You have executed justice and righteousness in Jacob.

<sup>5</sup>Praise GOD, our God.

Bow down before Zion, God's footstool. '*GOD is Holy!*'

<sup>6</sup>Moses and Aaron were GOD's priests.

Samuel was among those who called on GOD's name.

They cried to GOD, and were answered.

<sup>7</sup>GOD spoke in the pillar of cloud.

They kept the decrees and statutes, given them by GOD.

<sup>8</sup>O GOD, you answered them.

For them you were a God who forgives;

Yet you punished all their offences.

<sup>9</sup>Praise GOD and worship at his holy mountain.

For *GOD, our God, is holy.* (Glory be ... )

Antiphon 3 Praise GOD. Bow down before God's holy mountain.

### **Scripture Reading** (1 Peter 4:10-11)

Like good stewards of the manifold grace of God, serve one another with whatever gift each of you has received. Whoever speaks must do so as speaking the very words of God; whoever serves must do so with the strength that God supplies, so that God may be glorified in all things through Jesus Christ. To God belong the glory and the power forever and ever.

### **Responsory**

I called with all my heart: 'Hear me, O GOD.' (R.)

I will do your will. (R.)

Glory be to the Father, and the Son, and the Holy Spirit. (R.)

### **The Benedictus** (page 7)

### **Intercessions, Our Father, and Concluding Prayer**

## Thursday Evening Week 3

### Hymn

Antiphon 1 Your faithful will ring out their joy  
as they enter your dwelling place.

### Psalm 132 A

<sup>1</sup>O GOD, remember David  
and the many hardships he endured;

<sup>2</sup>and how he swore an oath to you,  
O Mighty One of Jacob:

<sup>3</sup>I will not enter my house  
or lie down on my bed;

<sup>4</sup>I will not close my eyes, nor will I sleep,

<sup>5</sup>till I find a place for GOD,  
a dwelling place for the Mighty One of Jacob.'

<sup>6</sup>We heard of the ark in Ephrathah;  
we found it in the fields of Yearim.

<sup>7</sup>Let us go to GOD's house;  
let us kneel at GOD's footstool.'

<sup>8</sup>Rise up, O GOD, and go to your resting place,  
you and the ark of your might.

<sup>9</sup>Let your priests be properly attired,  
and your faithful shout for joy.

<sup>10</sup>For your servant David's sake  
do not deny audience to your anointed one. (Glory be ... )

Antiphon 1 Your faithful will ring out their joy  
as they enter your dwelling place.

Antiphon 2 GOD has chosen to dwell in Zion.

## Psalm 132 B

<sup>11</sup>You once swore to David  
and you do not break your word:  
'A son of yours I will set on your throne.  
<sup>12</sup>If your heirs keep my covenant  
and the decrees that I have made,  
their sons also, for ever more, will sit on your throne.'

<sup>13</sup> GOD has chosen Zion for his residence:  
<sup>14</sup>'This is my resting place,  
I have chosen to live here forever.

<sup>15</sup>I will bless it abundantly.  
Its poor will have food.  
<sup>16</sup>Its priests I will clothe with salvation.  
Its faithful will shout for joy.

<sup>17</sup>Here David's stock will flower.  
I have prepared a lamp for my anointed.  
<sup>18</sup>His enemies I will cover with disgrace,  
but on him the royal crown will shine.' (Glory be ... )

Antiphon 2 GOD has chosen to dwell in Zion.

Antiphon 3 GOD has given him power and honour and a kingdom,  
and all people will serve him.

## Revelation (11:17-18; 12:10-12)

We give thanks to you, all-powerful GOD, who are and who were,  
that you have taken your great power and begun to reign.

It is the time for the dead to be judged,  
the time for rewarding your servants, the prophets and saints,  
and those who revere you, both small and great.

Now the salvation and the power and the reign of our God,  
and the authority of the Messiah have come,  
for the accuser of our brothers and sisters has been overcome.

He has been conquered by the blood of the Lamb and his testimony,  
for they gave their lives even unto death.

Rejoice then, you heavens, and you that dwell therein. (Glory be ... )

Antiphon 3 GOD has given him power and honour and a kingdom,  
and all people will serve him.

### **Scripture Reading** (1 Peter 3:8-9)

Have unity of spirit among yourselves, and sympathy, love for one another, a tender heart, and a humble mind. Do not repay evil for evil or abuse for abuse; but, on the contrary, repay with a blessing. It is for this that you were called – that you might inherit a blessing.

### **Responsory**

God fed us with finest wheat. (R.)

God filled us with honey from the rock. (R.)

Glory be to the Father, and the Son, and the Holy Spirit. (R. )

### **The Magnificat** (page 11)

### **Intercessions, Our Father, and Concluding Prayer**

## Friday Morning Week 3

### Hymn

Antiphon 1 Against you I have sinned. Have mercy on me.

### Psalm 51

<sup>1</sup>Be gracious to me, O God,  
according to your covenant love.  
According to your tender compassion,  
blot out my transgressions.

<sup>2</sup>Wash me more and more from my guilt;  
cleanse me from my sin.

<sup>3</sup>I know my transgressions;  
my sin is always before me.

<sup>4</sup>Against you, against you, I have sinned.  
What is evil in your sight I have done.

You are just in your sentence,  
blameless when you pass judgment.

<sup>5</sup>For it was into sin, into guilt, that I was born.

<sup>6</sup>Indeed you desire truth in the heart;  
then in the secret of my heart make me know wisdom.

<sup>7</sup>If you purge me, I will be purified.  
If you wash me, I will be whiter than snow.

<sup>8</sup>Let me hear rejoicing and gladness;  
let the bones you have crushed exult.

<sup>9</sup>Turn your face away from my sins,  
and blot out all my guilt.

<sup>10</sup>Create in me, O God, a purified heart,

put a new and steadfast spirit within me.

<sup>11</sup>Do not cast me away from your presence.

Do not take from me your holy spirit.

<sup>12</sup>Give me again the joy of your salvation,  
and sustain in me a generous spirit.

<sup>13</sup>Then I will teach transgressors your ways,  
and sinners will return to you.

<sup>14</sup>Rescue me, O God, my saviour,  
and I will sing aloud of your justice.

<sup>15</sup>O God\*, open my lips,  
and I will declare your praise.

<sup>16</sup>For you have no desire for sacrifice;  
if I were to give a burnt offering,  
you would not be pleased.

<sup>17</sup>My sacrifice is a contrite spirit;  
a broken, a crushed heart, O God, you will not spurn.

<sup>18</sup>In your goodness show favour to Zion.  
Rebuild the walls of Jerusalem.

<sup>19</sup>Then you will delight in proper sacrifices,  
holocausts offered on your altar. (Glory be ... )

Antiphon 1 Against you I have sinned. Have mercy on me.

Antiphon 2 We know our offences. We have sinned against you.

## **Jeremiah 14:17-21**

Let my eyes run down with tears night and day,  
and let them not cease, for the virgin daughter, my people,  
is struck down with a crushing blow, with a very grievous wound.

If I go out into the field, look – those killed by the sword!  
And if I enter the city, look – those sick with famine!  
For both prophet and priest ply their trade throughout the land,  
and have no knowledge.

Have you completely rejected Judah?  
Does your heart loathe Zion?  
Why have you struck us down so that there is no healing for us?

We look for peace, but find no good;  
for a time of healing, but there is terror instead.

We acknowledge our wickedness, O GOD,  
the iniquity of our ancestors, for we have sinned against you.  
Do not spurn us, for your name's sake;  
do not dishonor your glorious throne;  
remember and do not break your covenant with us. (Glory be ... )

Antiphon 2 We know our offences. We have sinned against you.

Antiphon 3 We are GOD's people, the sheep of God's flock.

## Psalm 100

<sup>1</sup>Cry out with joy to GOD all the earth.

<sup>2</sup>Serve GOD with gladness.

Come into the Presence singing for joy.

<sup>3</sup>Know that GOD is God,  
our maker, to whom we belong.

We are the flock. GOD is our shepherd.

<sup>4</sup>Enter the temple gates with thanksgiving.  
Enter the courts with songs of praise.

Give thanks and bless God's name.

<sup>5</sup>Indeed how good is GOD,

whose covenant love is eternal,  
who is faithful from age to age. (Glory be ... )

Antiphon 3 We are GOD's people, the sheep of God's flock.

### **Scripture Reading** (2 Corinthians 12:9-10)

He said to me, "My grace is sufficient for you, for power is made perfect in weakness." So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

### **Responsory**

In the morning let me know your love. (R.)

Show me the way I should walk. (R.)

Glory be to the Father, and the Son, and the Holy Spirit. (R.)

### **The Benedictus** (page 7)

### **Intercessions, Our Father, and Concluding Prayer**

## Friday Evening Week 3

### Hymn

Antiphon 1 How wonderful is our GOD.

### Psalm 134

<sup>1</sup>Come, praise GOD you who minister in GOD's house,  
who stand watch throughout the night.

<sup>2</sup>Lift up your hands in the holy place, and praise GOD.

<sup>3</sup>I pray that GOD, the Maker of heaven and earth,  
will bless you from Zion. (Glory be ... )

Antiphon 1 How wonderful is our GOD.

Antiphon 2 Sing a psalm to GOD, for GOD is loving.

### Psalm 135

<sup>1</sup>Praise GOD (Alleluia!), O servants of GOD,

<sup>2</sup>you who stand in the house of GOD,  
in the courts of the house of our God.

<sup>3</sup>Praise GOD who is good; sing to our beautiful GOD,

<sup>4</sup>who has chosen Israel as a treasured possession.

<sup>5</sup>I know GOD is great;  
our God\*, the greatest of the gods.

<sup>6</sup>Whatever GOD wills GOD does,  
in heaven and on earth, and in the depths of the sea.

<sup>7</sup>GOD summons the clouds from the ends of the earth;  
releasing lightning, rain, and wind from their storehouse. (Glory be)

Antiphon 2 Sing a psalm to GOD, for GOD is loving.

Antiphon 3 All peoples will come and adore you, O GOD.

### **Revelation 15:3-4**

Great and amazing are your deeds, O Almighty GOD.  
Just and true are your ways, you who reign over the nations!

O GOD, who will not worship and praise you?  
For you alone are holy.  
All nations will come and worship before you,  
for your judgments have been revealed. (Glory be ... )

Antiphon 3 All peoples will come and adore you, O GOD.

### **Scripture Reading** (James 1:2-4)

My brothers and sisters, whenever you face trials of any kind, consider it nothing but joy, because you know that the testing of your faith produces endurance; and let endurance have its full effect, so that you may be mature and complete, lacking in nothing.

### **Responsory**

Christ loves us and has washed away our sins with his blood. (R.)  
He made us kings, priests to serve our God. (R.)  
Glory be to the Father, and the Son, and the Holy Spirit. (R. )

### **The Magnificat** (page 11)

### **Intercessions, Our Father, and Concluding Prayer**

## Saturday Morning Week 3

### Hymn

Antiphon 1 You, O God, are close, your ways are true.

### Psalm 119: 145-152

<sup>145</sup>With all my heart I cry:

answer me, O GOD, so that I keep your statutes.

<sup>146</sup>I cry to you; save me, that I may observe your decrees.

<sup>147</sup>I rise before dawn and cry for help;

I hope in your word.

<sup>148</sup>I am awake through the night,

meditating on your promise.

<sup>149</sup>In your covenant love hear my voice, O GOD;

in your justice preserve my life.

<sup>150</sup>Those who want to harm me draw near;

they are far from your law.

<sup>151</sup>But you, O GOD, are close,

your commandments are true.

<sup>152</sup>Long ago I learned about your decrees

that you fixed for all time. (Glory be ... )

Antiphon 1 You, O God, are close, your ways are true.

Antiphon 2 Let your wisdom be with me to guide me.

### Wisdom 9:1-6, 9-11

O God of my ancestors and Lord of mercy,  
you have made all things by your word,  
and by your wisdom have formed humankind  
to have dominion over the creatures you have made,

and rule the world in holiness and righteousness,  
and pronounce judgment in uprightness of soul.  
Give me the wisdom that sits by your throne,  
and do not reject me from among your servants.

For I am your servant the son of your serving girl,  
a person who is weak and short-lived,  
with little understanding of judgment and laws;  
for even one who is perfect among human beings  
will be regarded as nothing without wisdom from you.

With you is wisdom, she who knows your works  
and was present when you made the world;  
she understands what is pleasing in your sight  
and what is right according to your commandments.

Send her forth from your holy heavens,  
and from the throne of your glory send her,  
that she may labour at my side,  
and that I may learn what is pleasing to you.  
For she knows and understands all things,  
and she will guide me wisely in my actions  
and guard me with her glory. (Glory be ... )

Antiphon 2 Let your wisdom be with me to guide me.

Antiphon 3 GOD's truth will stand for ever

## **Psalm 117**

<sup>1</sup>Praise GOD, all you nations!  
Extol our God, all you peoples!

<sup>2</sup>Great is GOD's covenant love for us.  
GOD is forever faithful.  
Praise GOD! [Alleluia] (Glory be ... )

Antiphon 3 GOD's truth will stand for ever.

## **Scripture Reading** (Philippians 2:14-15)

Do all things without murmuring and arguing, so that you may be blameless and innocent, children of God without blemish in the midst of a crooked and perverse generation, in which you shine like stars in the world.

## **Responsory**

I call to you, O GOD, you are my refuge. (R.)

You are all I have in the land of the living. (R.)

Glory be to the Father, and the Son, and the Holy Spirit. (R.)

## **The Benedictus** (page 7)

## **Intercessions, Our Father, and Concluding Prayer**

## Saturday Evening Week 3

### Hymn

Antiphon 1 We pray for peace in the world.

### Psalm 122

<sup>1</sup>What joy when I heard them say,  
'Let us go to GOD's house.'

<sup>2</sup>And now we are standing  
within your gates, O Jerusalem.

<sup>3</sup>Jerusalem, you are built as a city  
so integrated and compact.

<sup>4</sup>To you the tribes go up, the tribes of GOD.  
Israel's law it is, there to praise GOD.

<sup>5</sup>There is the seat of judgment,  
the throne of the house of David.

<sup>6</sup>For the peace of Jerusalem pray:  
'Prosperity for all who love you!

<sup>7</sup>May there be peace within your walls,  
security within your towers.'

<sup>8</sup>For love of family and friends  
I pray: 'Peace be within you!'

<sup>9</sup>For love of the house of GOD,  
I pray for your welfare. (Glory be ... )

Antiphon 1 We pray for peace in the world.

Antiphon 2 From the morning watch even till night  
I long for you, O GOD.

## Psalm 130

<sup>1</sup>Out of the depths I cry to you, O GOD.

<sup>2</sup>God\*, hear my voice!

Let your ears be attentive to my pleading!

<sup>3</sup>If you, O GOD, should mark our guilt,  
who would survive?

<sup>4</sup>But with you there is forgiveness.

For this we revere you.

<sup>5</sup>I wait for you, I long for you, O GOD.

I count on your word.

<sup>6</sup>I am longing for you,

more than watchmen for daybreak,

more than watchmen for daybreak.

<sup>7</sup>O Israel, hope in GOD

For with GOD there is covenant love,

and great power to redeem.

<sup>8</sup>Israel indeed will be redeemed

from all its iniquity. (Glory be ... )

Antiphon 2 From the morning watch even till night  
I long for you, O GOD.

Antiphon 3 Let every creature bend the knee to Jesus.

## Philippians 2:6-11

Being in the form of God, Jesus did not regard equality with God as something to be grasped.

He emptied himself, taking the form of a slave, being born in human likeness.

And being found in human form, he humbled himself and became obedient to the point of death – even death on a cross.

Therefore God highly exalted him and gave him the name that is above every name, so that at Jesus' name every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father. (Glory be ... )

Antiphon 3 Let every creature bend the knee to Jesus.

### Scripture Reading (2 Peter 1:19-21)

We have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

### Responsory

From the rising of the sun to its setting, praised be GOD. (R.)

The universe proclaims God's glory. (R.)

Glory be to the Father, and the Son, and the Holy Spirit. (R.)

### The Magnificat (page 11)

### Intercessions, Our Father, and Concluding Prayer